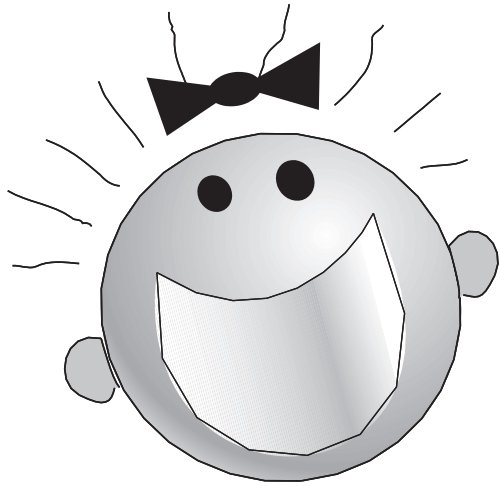
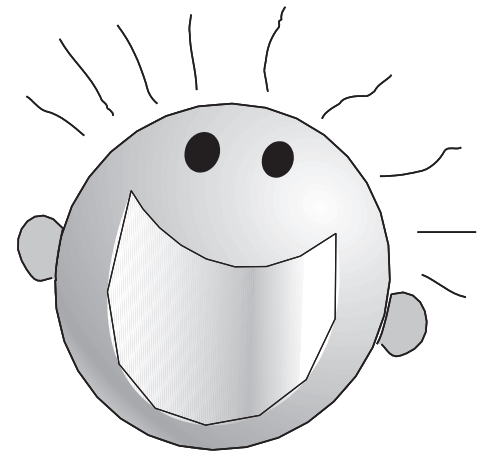


Feelings Activities



- Feelings Slide
- Feelings Book
- My Book of Feelings



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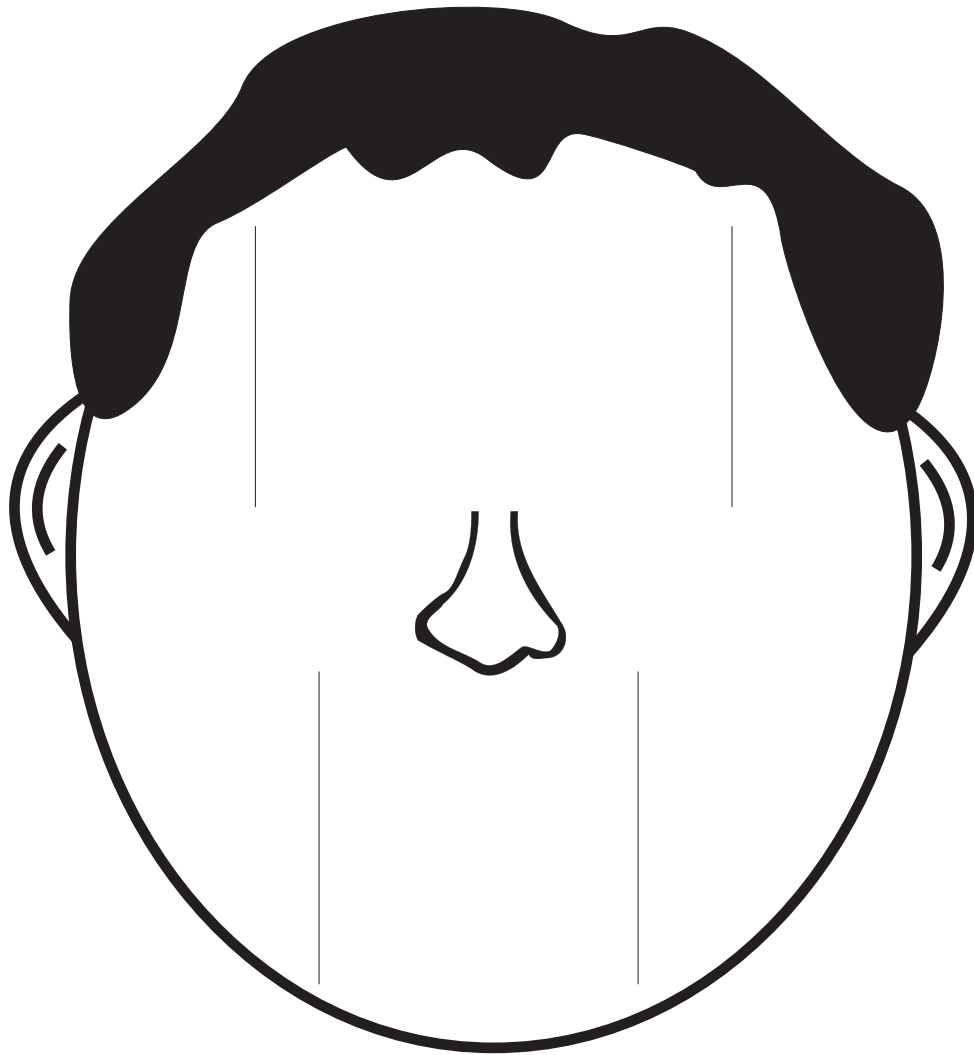
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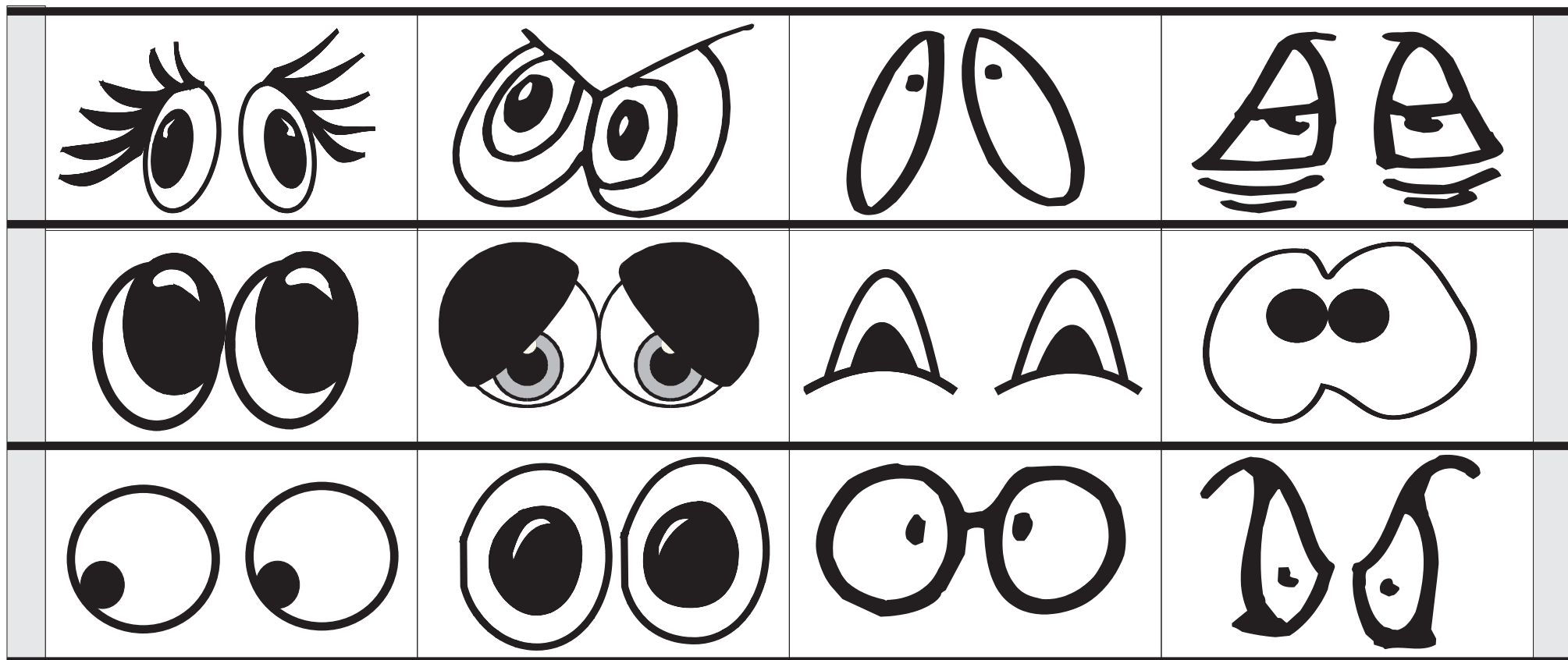
Directions for Feelings Slide: Print out pages 3-5 on card stock paper (to improve durability). Cut the faces apart along the solid black line in middle of page. Cut out the vertical lines on the faces. Cut out the eye strips and the mouth strips by cutting along the solid, darkened horizontal lines. Keep the grey rectangles attached on the end of each slide. Slide the eye strips in the eye slots and the mouth strips in the moth slots. The child can now slide in different expressions for each face.

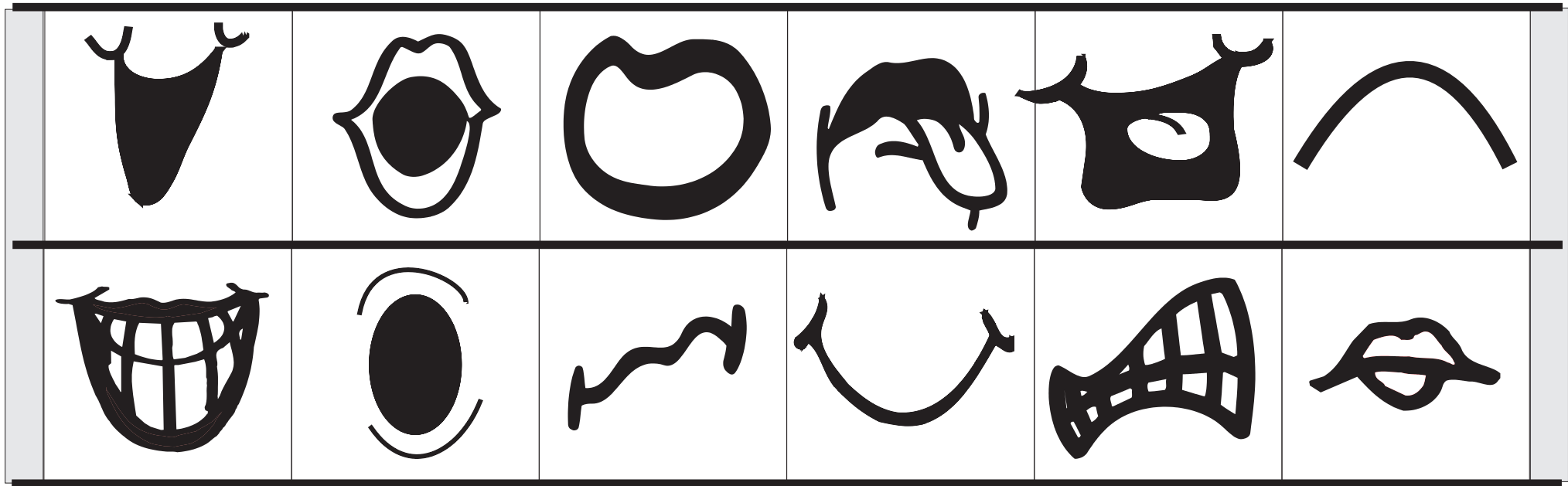


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Directions for Feelings Book:

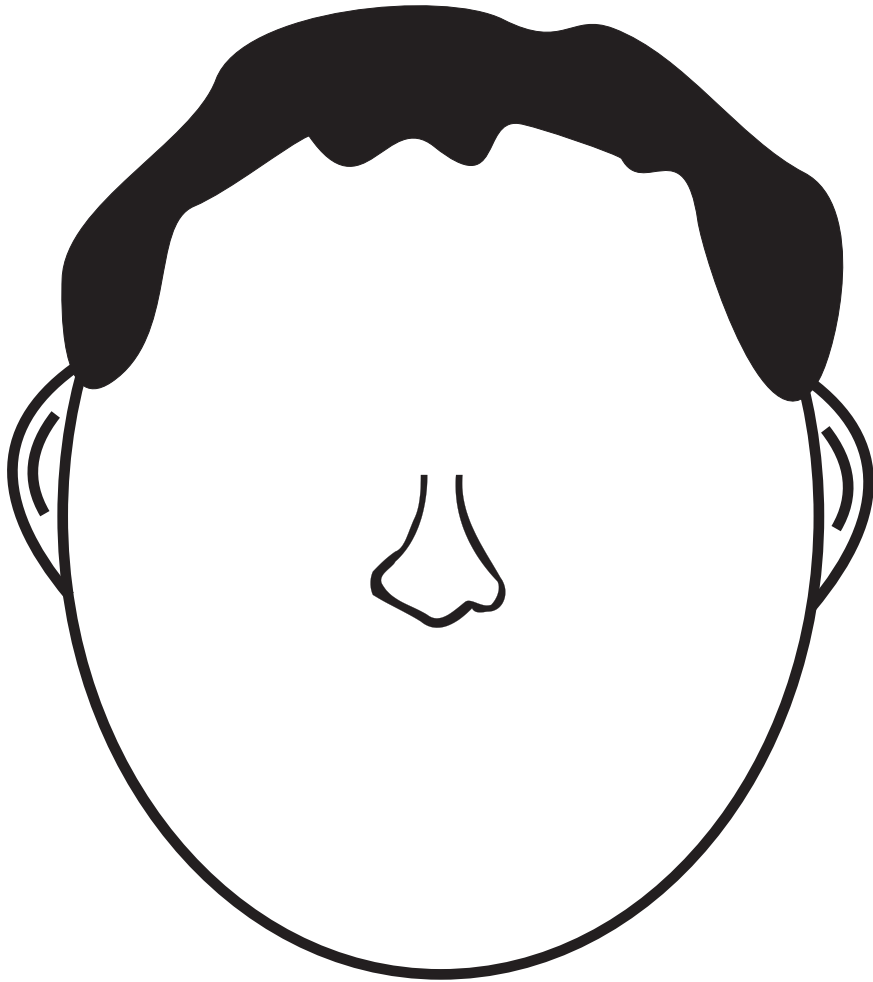
Print out pages 6-11. Cut each page in half along the center black line. Stack the pages like a book and staple on the left hand side.

Print out pages 4 and 5. Cut out the eyes and mouths.

The child should glue the appropriate eyes and mouth to match the feeling written on each page. For example: use a big smile and wide eyes for the happy page.

Feelings

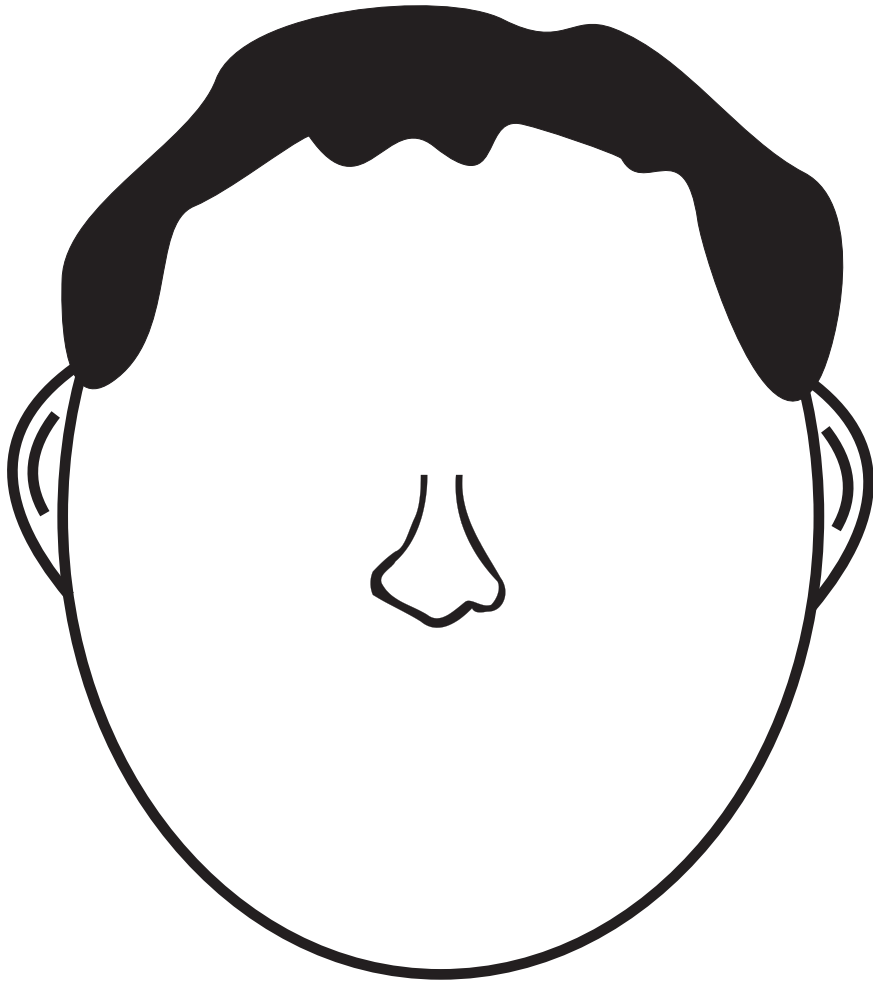
By: _____



He is happy.



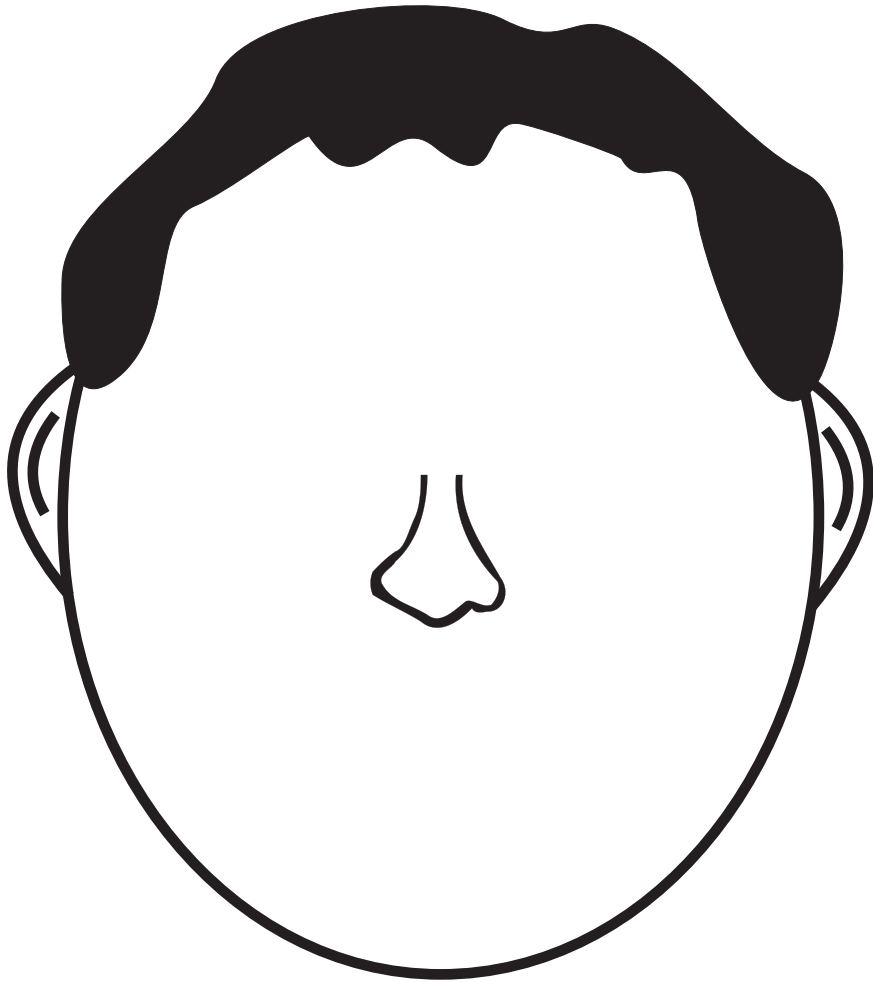
She is frustrated.



He is surprised.



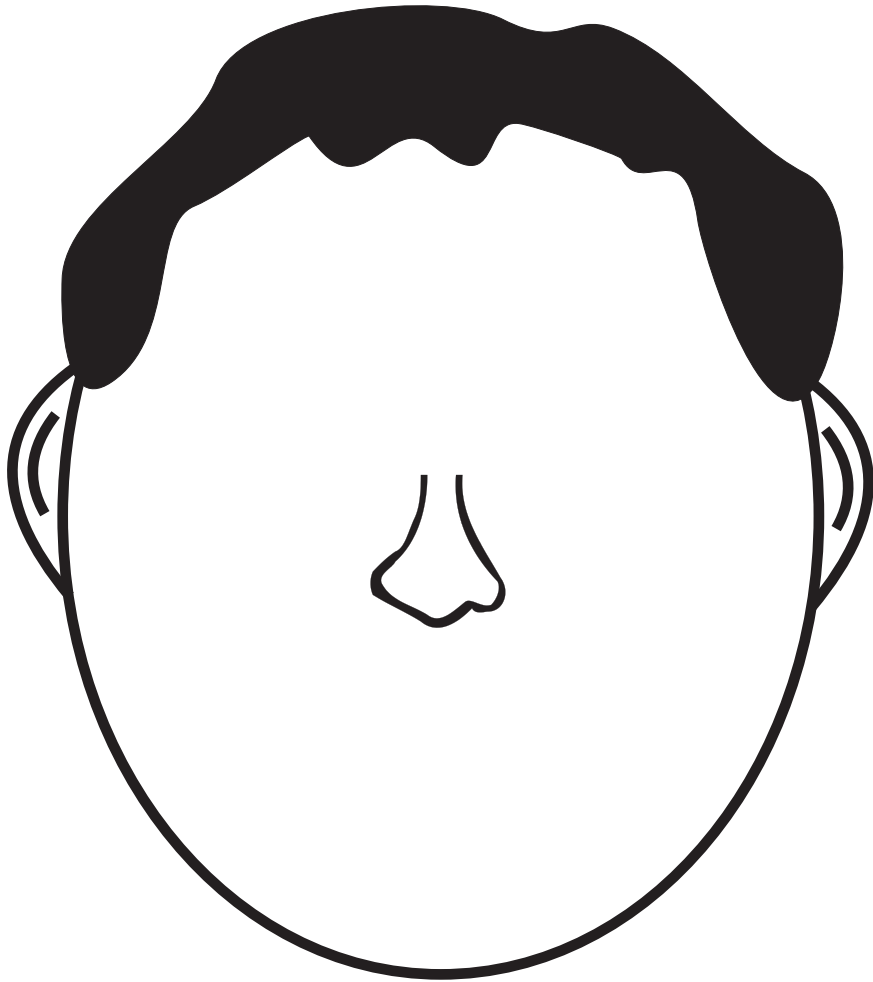
She is sad.



He is shy.



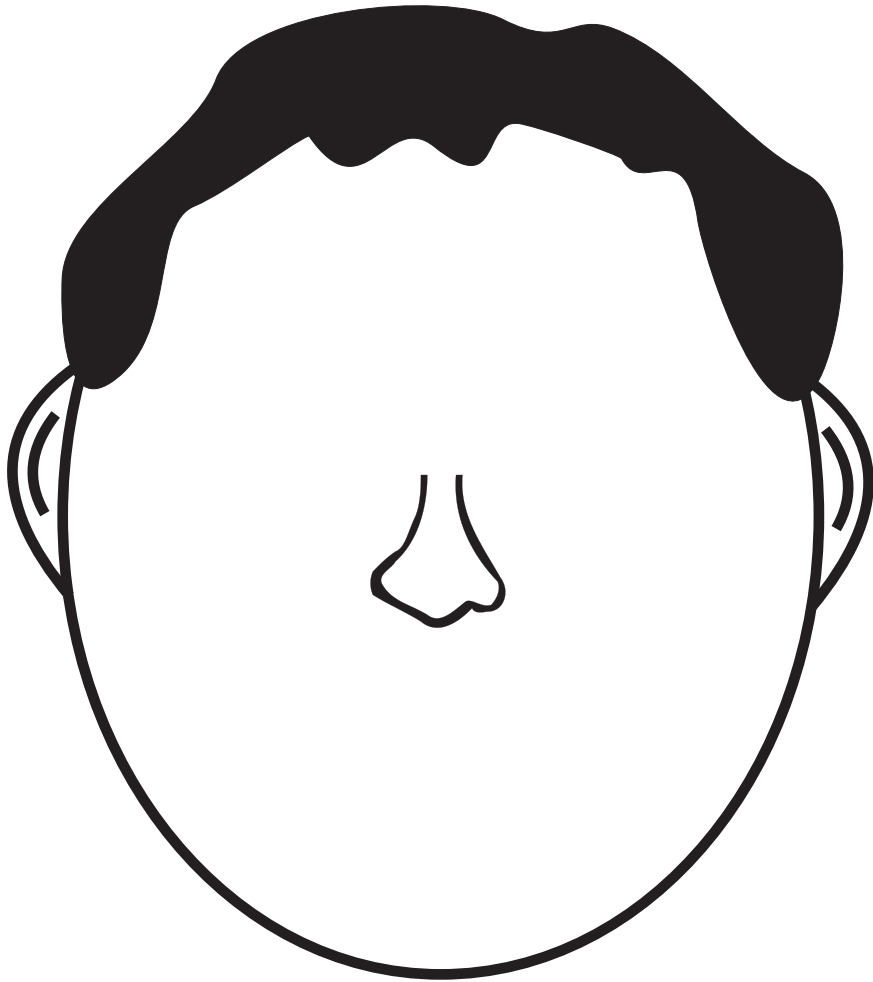
She is scared.



He is excited.



She is angry.



He is tired.



She is confused.

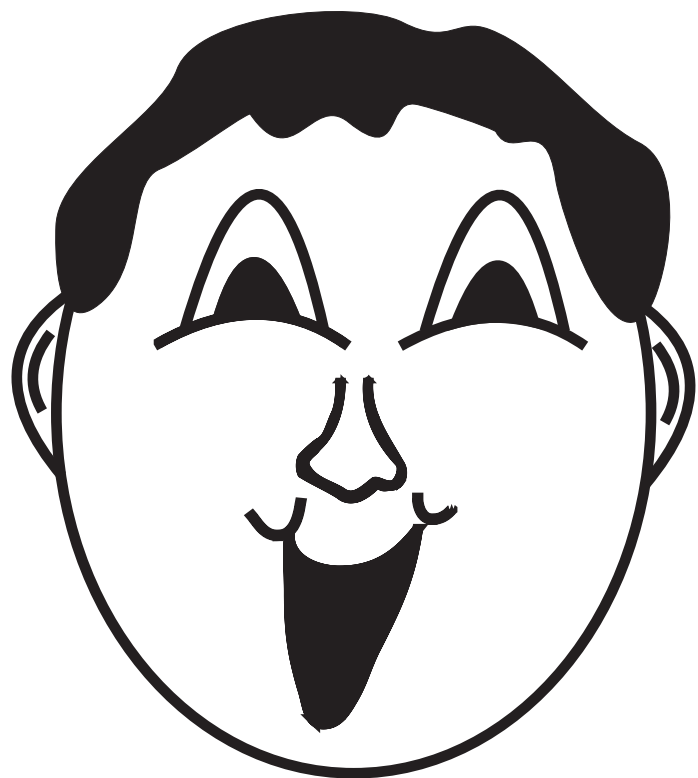
Directions for Feelings Book:

Print out pages 12-16. Cut each page in half along the center black line. Stack the pages like a book and staple on the left hand side.

The child should write in the space provided on each page to complete the sentence.

My Book of Feelings

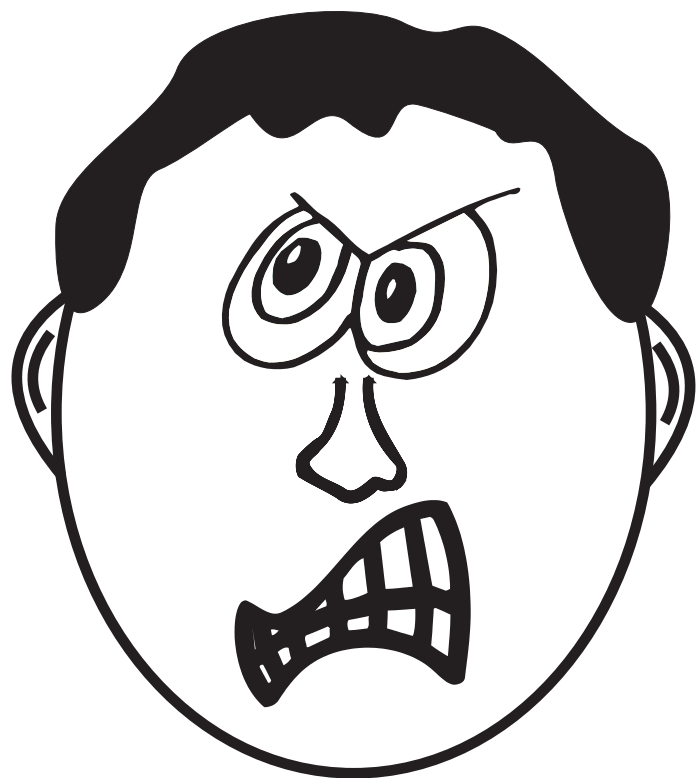
By: _____



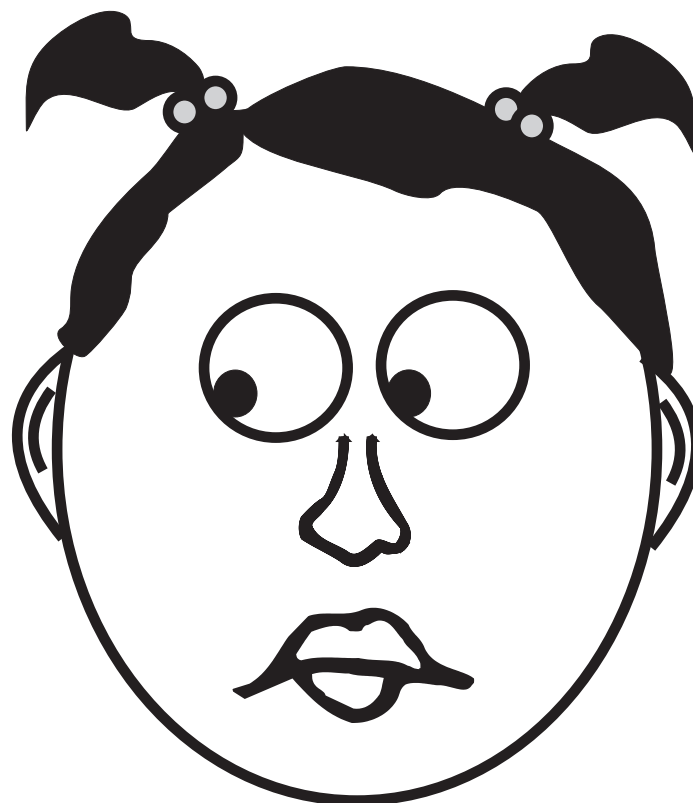
I feel happy when



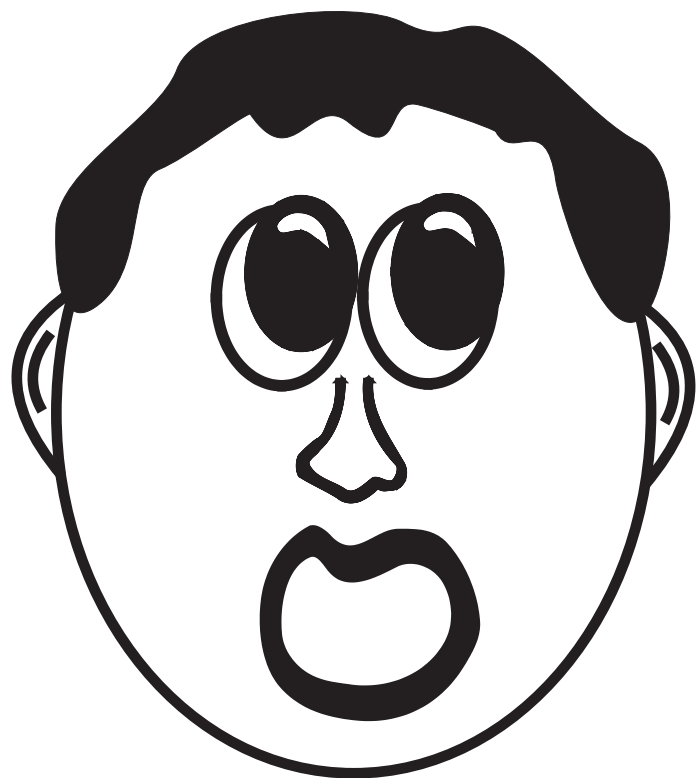
I feel sad when



I feel angry when



I feel shy when



I feel scared when



I feel tired when



I feel confused when



I feel sick when
